



Implicit Bias Workshop

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Aims of the workshop

For delegates to have a greater understanding of what Implicit Bias means.

To share 5 types of Implicit Bias.

Interactive demonstration on how our implicit biases work using names.

What shortcuts can be used to challenge our biases.

Implicit
Bias... what
does it
mean?

Implicit bias is a form of bias that occurs automatically and unintentionally, that nevertheless affects judgments, decisions, and behaviors.



**5 Types of
Implicit Bias**

Race bias.

**Ethnicity
bias.**

Age bias.

**Gender &
ability bias.**

**LGBTQIA+
community
bias.**

What's In A Name?

- Aggie McLeod
- Asim Khan
- Tanisha-Rae Campbell-Cole
- Bolade Ajomale

How Can I Challenge my Biases?

- **Increase contact with people who are different from you.**
- **Notice positive examples.**
- **Be specific in your intent. ...**
- **Change the way you do things.**
- **Heighten your awareness.**
- **Take care of yourself.**



Thank You!