

PRESS RELEASE: June 2010

Women of Courage Stole the Show!



Eight members of the Women of Courage – Singing for Well-being group, based in Woking, sang at the recent Surrey Community Action and Red Cross Refugee Week Raising Awareness event.

Lorraine Yates, Community Development Worker based at Surrey Community Action, introduced the concept of singing to this already established group as a way of encouraging well-being.

This work is part of a Black and Minority Ethnic Project funded by NHS Surrey.

The event aimed to raise awareness of refugees living in Surrey, by sharing information with interested agencies. Lorraine Yates delivered the mornings activities with Yangchhen Yeshe from the Woking branch of the Red Cross.

Rachel Nkama BME Worker who leads the group said 'Women of Courage are a phenomenal group of women who have triumphed over adversity to reclaim their lives through the African spirit'.

For more information, please contact Lorraine on lorraine@surreyca.org.uk
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Surrey Community Action is a registered charity which works to strengthen and support the Voluntary, Community and Faith Sector (VCFS) across Surrey through access to advice, training, funding and advocacy. Surrey Community Action actively encourages volunteering and the details of local volunteer centres in Surrey can be found on our website at: www.surreyca.org.uk/vb.htm